

Siege of the Soul

A companion for the families whose situations are intense

PASTORS · CARE DIRECTORS · THOSE WALKING
ALONGSIDE FAMILIES IN THE LONG HAUL



Honest companionship when faith
and parenthood collide with
suffering

WHAT THE FAMILIES IN YOUR CARE ARE CARRYING

THE GAP YOU ALREADY KNOW EXISTS

When a family in your care encounters a new season or a crisis, the church shows up. Meals are delivered. Prayers are prayed. People rally.

When a family receives a life-altering diagnosis for their child, people are often less certain how to react or support long-term. Those parents quickly become spiritually exhausted and quietly isolated. Carrying questions they can't name and doubts they're afraid to voice. Your care ministry encounters them, but may lack specific language for what's happening in their interior life.

WHAT THEY'RE ACTUALLY BATTLING

These are the lies that quietly take root in the long haul:

- "Did I cause this?"
- "If I were truly faithful, I'd feel more peace"
- "God is punishing me"
- "No one understands — and I should stop trying to share"
- "I have to hold everything together"
- "Hope is dangerous. It only leads to disappointment"
- "I should be over this by now"

These aren't random struggles. They follow predictable patterns, and they have specific biblical truth that speaks into each one.

A TOOL FOR YOUR MINISTRY

Siege of the Soul is written in the style of C.S. Lewis's *The Screwtape Letters*, interspersing a mother's journal entries (showing interior transformation) with demonic correspondence (accidentally revealing the enemy's strategies). It is companionship, not curriculum. Lament, not formula.

HOW IT SERVES YOUR CARE WORK

- Diagnostic language — helps supporters or care ministers name what a parent/caregiver is experiencing, even when the parent can't
- Conversation starter — give a specific chapter to open a pastoral visit that might otherwise stay surface-level (Find my letter tool)
- Small group resource — the field guide and back of the book include discussion prompts
- "I see you" gift — place into the hands of the family you're still thinking about two years after the diagnosis

GROUNDING IN

- Biblical lament tradition (Psalms, Job, Lamentations)
- Biblical counseling principles
- Honest theology of suffering — no toxic positivity, no empty promises
- Belovedness. Lies cannot stand, when belovedness is deeply understood.

"A rare companion for anyone walking through the hidden valleys of fear, fatigue, and faith... Her blend of creative storytelling, theological reflection, and lived experience invites readers not only to feel seen, but also to sense the nearness of the God who holds us in our most disorienting seasons."

— Scott Sauls, Pastor and Author of *The Mercy King*

Find my letter



Field Guide



Paperback



siegeofthesoul.com